

The Big Plan



Working together to make Torbay a better place to live for people with learning disabilities

2023 – 2028

TORBAY COUNCIL

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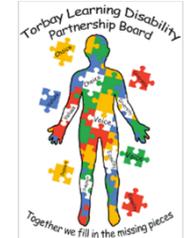
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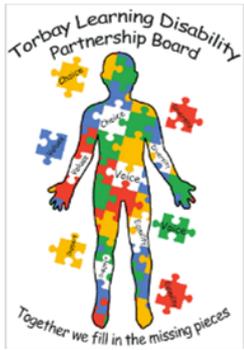
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The Torbay Learning Disability Partnership Board Ambassadors have told Torbay Council about the things that are important to the lives of people in Torbay. They include -



⇒ Having a home for life which is good quality and where families can grow together.

⇒ Work and volunteering.

⇒ Being safe at home and in the community.

⇒ Having good Doctors' and good health care.

⇒ Relationships.

⇒ Hobbies and activities.

⇒ Having enough money and not worrying about money.

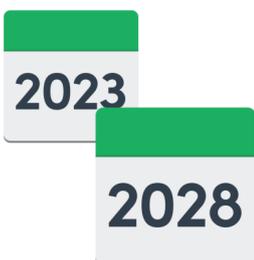
⇒ Being independent.

⇒ Care and support in the way it is needed, at a reasonable cost and to have people around to help.

⇒ Family and friends—”money isn't everything, it's about family and friends”.

⇒ Feeling part of the community and having people around.

⇒ Help when it is needed for self and others and not having to wait for ages.



We know it takes time, but it is important that things happen and changes are made.

Introduction



“The Big Plan” has been written to make sure that people work together to make things better for people with learning disabilities in Torbay.

“The Big Plan” tells everyone what changes need to be made.

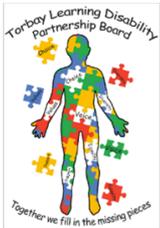
It is part of the Adult Social Care Strategy which plans to have “**Thriving Communities where people can prosper**”



Working together

- ◆ We will treat people with respect
- ◆ We will make sure people have as much choice as possible.
- ◆ We will make sure people have control over their life and their decisions.
- ◆ We will make sure that people with learning disabilities, their family and carers are included in activities, services and policies.
- ◆ We will make sure people are given their Rights.
- ◆ We will make sure that people can say what they want to (have a voice) and that they understand the community they live in.





The Learning Disability Partnership Board.

The Learning Disability Partnership Board has to make sure that Torbay follows the information in **Valuing People (2001)** and **Valuing People Now (2009)**.



Valuing People was written by the Government. It says what should happen to make life better for people with learning disabilities.



The Partnership Board is made up of Ambassadors, carers reps and people who make decisions in important local statutory, community and voluntary services.



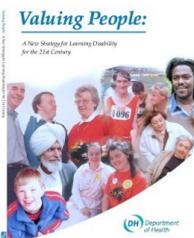
The Board has to make sure that everyone is working together to help people with learning disabilities

- ◆ Stay safe
- ◆ Stay healthy
- ◆ Live well.



The Partnership Board aims to

- Promote the Rights, Independence, Choice and inclusion for people in Torbay to be equal members of the community.
- Work with partners and people who have to make decisions, to make sure that Valuing People Now happens.
- Make sure that the local community understands that people with learning disabilities have the same rights as every one else.



What is in The Big Plan?

The Big Plan has been split into 6 areas -



Community and Independence



Home



Health



Care and support



Safety



Family, friends and carers



Each of the 6 areas in **The Big Plan** has the following sections



“In our words”

This is what the Ambassadors said.



“We need you to”

This is what needs to be done.



“So people with learning disabilities can...”

This is how people will be able to live their lives.



“You will know it is working”

This is what people will see when the plan is working.



The Partnership Board will be responsible for making sure **The Big Plan** is working in Torbay.

Community and Independence



In our words

“Make information accessible for everyone, about everything”



“Help people with monthly budgets and make sure they have enough money and are financially ok”



“Services do not have places where people can ask questions face to face. For example, the bus station used to have an enquiry office but now there is nobody to ask for help with anything”



“Provide more work opportunities and help for people to do voluntary work”.



We want you to..

Make sure that people with learning disabilities -

- ◇ Can get information in the way they want it so they can be part of their communities.
- ◇ Are supported to understand their rights and responsibilities in all areas of their lives.
- ◇ Have reasonable adjustments when they apply for work so that they are not discriminated against.
- ◇ Put support in place to make sure people with learning disabilities have the same opportunities.



Community and Independence



So people with a learning disability can..



- ◇ Make choices about being part of the community.
- ◇ Have the same rights, responsibilities and opportunities as everyone else.
- ◇ Feel valued as members of the community
- ◇ Do things they choose using their skills, interests and abilities.
- ◇ Have contact with the people who are important



You will know it is working because



- * More people with learning disabilities will be in work, education and/ or training.
- * People's quality of life can be measured and has got better.
- * There are more people with learning disabilities included in community groups and organisations.
- * There will be more people with learning disabilities in public organisations in Torbay.



Home



In our words

“ Housing needs to be easier to get and there should be choice. The bidding system means people can't get houses and as it is online, it is not accessible. People need help and support to bid and they need to know what they are bidding for. If you can't look at houses or are just leaving home, it is hard to know”.



We want you to..

- ◆ Help people with learning disabilities understand their rights and responsibilities about their home.
- ◆ Make sure there are good quality, affordable places for people to choose.
- ◆ Make sure that people have information about their tenancy or ownership in ways they need.
- ◆ Make sure landlords do not have control over the care and support service people need.
- ◆ Make sure care and support services do not have control over the place where people live.
- ◆ Let people decide how their home looks and is decorated.



Home (continued)



So that people with learning disabilities can..



- Choose where they live.
- Choose who they want to live with.
- Have their own home with a tenancy or ownership.
- Change their care and support without having to move home.
- Live in a home which meets their needs and helps them be as independent as possible.
- Include the people who are important to them if



You will know this is working because



- ◆ There will be better information and more help for people to find out about homes.
- ◆ There will be more choice about care and support at home.
- ◆ There will be better quality housing and more choice.





Health

In our words



“Torbay needs more toilets because if you have a health issue, the toilets are a long way apart and people can't manage”



“ We need to have good GP surgeries and health care”

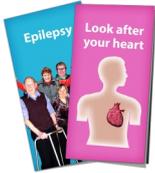


We want you to..

- Help people understand how to manage their rights and responsibilities about their health.
- Make health care equal for people with learning disabilities.
- Stop people dying early from treatable illness.
- Stop people with learning disabilities being given too much medication.
- Make sure that everyone knows about reasonable adjustments so people with learning disabilities get the help, care and support that they need.



Health



So that people with learning disabilities can..

- Make choices about their health.
- Get help and information to look after their physical, emotional and mental health.
- Find out about their medical records and decide who else it can be shared with.
- Understand about any changes needed to health care or medication and be involved in decisions.

You will know this is working because



- More people with learning disabilities will have an annual health check.
- The Oliver McGowan training will be completed by more health and social care staff.
- People with learning disabilities will be taking less medication.
- People with learning disabilities will feel well, happy and healthier.

Care and support



In our words

“24/7 care and support at a reasonable cost and the right support around to help”



“Help when needed for self and others and not having to wait ages”



“People need to do as they say and come and help when asked, not leave it too late or never show up”



“Offer help when people are given money but they don't know how to get it....like the heating money which hasn't been claimed because people don't know how to do it”



We want you to..



- Help people plan their support in the right way for their lives.
- Make sure people can choose the people they want to support them and how the support is given.
- Find skilled and trained staff who are creative, know what to do, are specialists, caring and want to help people.





Care and support (continued)

So that people with a learning disability can..

- * Choose who cares for and supports them and how, when and where the care and support is provided.
- * Be in as much control as possible in planning their care and support and get help with this if they need it.
- * Include the people they want to in any planning.
- * Understand how much money there is for their care and support and can decide how it is used.
- * Get skilled advice and support about how to manage working with personal assistants.
- * Be supported to plan for any important changes in life.
- * Be supported by people who listen, understand and know how to help in the best way.



You will know this is working because

- People with learning disabilities who use care and support services will be happier and feel more in control.
- People with learning disabilities will report having a better quality of life.



Safety



In our words

“People feel unsafe and like seeing PCSO’s around so they can talk. People feel intimidated and this is frightening so they need somewhere they can go and talk about things”.

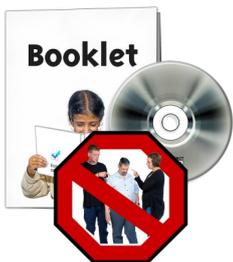


“improve the messages about Torbay because there is a lot of scary and negative information being put on social media”



We want you to

- ◆ Provide accessible information and advice so that people with learning disabilities know about different types of abuse and neglect and what to do if they are worried.
- ◆ Support people with learning disabilities to stay safe in the best way to protect their freedom.
- ◆ Make sure people with learning disabilities can learn about risk and take risks.
- ◆ Give support to people with learning disabilities who have suffered abuse or neglect and help them to report it.
- ◆ Help people with learning disabilities to feel safe at home and to learn about what to do if they do not feel safe.



Safety



So that people with learning disabilities can...

- Be safe and be treated with respect.
- Feel safe and supported to understand and manage risks.
- Feel welcome and safe in the community
- Join in with the activities they want
- Understand what to do if they feel unsafe.
- Know who they need to tell if they are treated badly.

You will know this is working because

- More people with learning disabilities will feel confident and safe at home and in the community.
- More people with learning disabilities will report when they are not treated well.
- There will be more accessible information about keeping safe and reporting.
- There will be regular times in the year when organisations which have a duty to keep people safe will focus on people with learning disabilities.
- Organisations which have a duty to keep people safe will be at the Partnership Board meetings so that information can be shared easily.



Family, friends and carers

In our words

“Money isn’t everything, we want to be able to spend time with our friends and family”



“ We want the right people around us with the right support”



“ We want more opportunities to be with our friends and to do the things we want to—not being told what we have to do”



“Some people still can’t stay out late because of staff changing so they can’t go out with their friends”

We want you to



- Make sure that when decisions are made, everyone who is important to the person with learning disabilities are also listened to, supported and included.
- Make sure information and advice is easy to find, is right and up to date and is given in ways to meet people’s needs.
- Help family, friends and carers understand their own rights as well as the rights of people with learning disabilities.



Family, friends and carers (continued)



So that family, friends and carers of a person with learning disabilities can..



- Have the information they need when they need it.
- Look after their physical and mental health and stay well.
- Take part in activities, work, volunteering and learning like everyone else.
- Feel they are respected and have a valuable role supporting people with learning disabilities.



You will know it is working because..

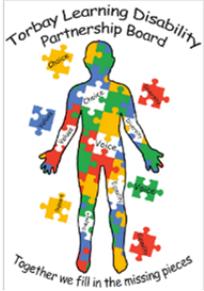
- Carers, friends and family will feel they have a better quality of life.
- Information and advice will be easier to find and more accessible.





Making The Big Plan happen in Torbay

Making **The Big Plan** happen will take time. It could take 5 years.



The Torbay Learning Disability Partnership Board will agree the actions to be completed each year. This means that everyone can really help to make change happen.



The Partnership Board will write an annual report about the work that has been done and the progress that has been made.



The Adult Social Care Strategic Commissioning Team will write the actions and report on behalf of the Partnership Board.



Other plans and strategies

There will be actions which other groups need to take to make sure **The Big Plan** happens.

It is important for everyone to work together to make change happen.



The annual report will need to include information from other plans too.

The other plans include the plan for ‘**One Devon, Learning Disability and Autism Partnership Strategic Approach 2023 –2028.**





Reasonable Adjustments.

Small changes—Big differences

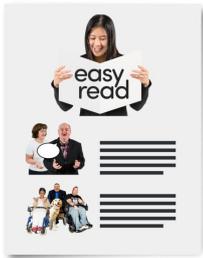
Reasonable adjustments are small changes which the law says must be made so that disabled people can use services as easily as everyone else.



They may be small changes but they make a big difference to the lives of people with learning disabilities.



Having reasonable adjustments can help people to take part in their community, give them more independence, get better health care and live longer.



Services which must be provided (statutory) should be showing other organisations how to make reasonable adjustments so everyone can see how important they are and what a difference they make.



The work on **The Big Plan** will include reasonable adjustments in everything that happens.



Co-production

Co-production is when people work together to make something happen.

The Big Plan is based on co-production because it is very important for everyone to work together.



Co-production includes

Consultation this is when people are asked about their ideas.



Co-design this is when everyone is included in the design and planning of services.

Co-delivery being employed or volunteering in providing a service.



Co-evaluation everyone reviewing a service together.

Co-production should include



- ⇒ People who make decisions
- ⇒ People who use services
- ⇒ Families and carers
- ⇒ People who provide services.



Each part of **The Big Plan** will include information about how actions will be co-produced.



Policy and legislation (Laws)

The **Big Plan** includes work which the Government has written about and made laws about.

These include-



- Valuing People (2001)
- Valuing People Now (2009)
- The Human Rights Act (1998)
- The Equality Act (2010)



- The Social Care Act (2014)
- The Health and Care Act (2022)
- The Mental Capacity Act (2005) and Amendment (2019).



- The Accessible Information Standard (2017)
- The United Nations Convention on the Rights of Persons with disabilities.



- Learning from lives and deaths—people with a Learning Disability and Autism (LeDeR).



What will be checked in The Big Plan?

The Learning Disability Partnership Board will check that the actions that have been agreed have been done.



The Adult Social Care Strategic Commissioning Team will work with the Partnership Board to check everything is being done. The checks and reports will be given to the Board so that everyone knows how it is working.



For more information please contact



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